

## Fluoroscopy – Esophagram

To schedule: (319) 861-7778

Questions about your procedure: (319) 398-6050

### What is Fluoroscopy?

Fluoroscopy is a study of moving body structures--similar to an X-ray "movie." A continuous X-ray beam is passed through the body part being examined. The beam is transmitted to a computer monitor so that the body part and its motion can be seen in detail.

### What is an Esophagram?

The Esophagram will demonstrate evidence of esophagitis, reflux, strictures, esophageal varices or diverticula. Liquid barium (a type of contrast medium) will be given to you to drink during this procedure. The barium will coat your esophagus and stomach, allowing the radiologist to visualize anatomical details.

### Preparation:

1. No food, drink or oral medication after 12:00 a.m. (midnight) night before exam.
2. After 12:00 a.m. (midnight), you are not to smoke or chew gum until the exam is complete.
3. Do not eat, drink or take pills the morning of the exam.
4. Consult your provider prior to discontinuing any medications.

### Procedure:

The esophagus is examined by having you swallow liquid barium and gas producing crystals while standing up as well as lying down. The Radiology staff will assist the Radiologist or Radiologist Assistant throughout the procedure as images are taken. The Radiology staff will go over post-procedure instructions with you following the exam. This procedure will take approximately 15-30 minutes.

### Arrive 15 minutes early to your appointment

#### PLEASE BRING THE FOLLOWING TO YOUR APPOINTMENT:

**A PHOTO ID TO VERIFY YOUR IDENTITY**

**A LIST OF CURRENT MEDICATIONS YOU ARE TAKING**

### Mercy Hospital Parking:

Park in the Mercy Medical Center 10<sup>th</sup> Street Parking Ramp, located at the corner of 10<sup>th</sup> Street and 8<sup>th</sup> Avenue SE. Proceed to **Ground (G)** level and follow the signs to "Radiology (X-Ray)," also located on **Ground (G)** level.

### Procedure Results:

A radiologist will review the images shortly after your exam is completed. A written report will be sent to the provider who ordered your exam. Your provider will discuss the results with you. Results will typically be available for your provider within two business days of the exam. Results will also be sent to your MyChart account.